**ICCAP 2023**
15th International Conference on Child and Adolescent Psychopathology

Enhancing resilience in children, young people and families in a changing world

7 August – 9 August 2023
Kuching, Sarawak (on Borneo Island), Malaysia
[https://www.youth-health-conference.com/](https://www.youth-health-conference.com/)

**KEYNOTE SPEAKERS**

**Professor Dr Deborah Riby**  
(Durham University, UK)  
The impact of attention, arousal and anxiety in the classroom for autistic and neurodivergent pupils

**Professor Dr Emeritus Susan H. Spence**  
(Griffith University, AUSTRALIA)  
Depression and suicidal ideation and behaviour in adolescents

**Professor Dr Janet Wong Yuen-Ha**  
(Hong Kong Metropolitan University, HONG KONG)  
Implementing sexual health education: The journey of bridging the know–do gap

**Professor Dr Helen Dodd**  
(University of Exeter, UK)  
The importance of play in supporting children’s social and emotional wellbeing

**Professor Dr Poh Bee Koon**  
(Universiti Kebangsaan Malaysia, MALAYSIA)  
Preventing overweight and obesity in preschoolers with a multi-component kindergarten-based behavioural intervention: ToyBox Study Malaysia

**Professor Dr Shanaya Rathod**  
(Southern Health NHS Foundation Trust, UK)  
Cultural adaptations of evidence-based interventions for young people

**Professor Dr Paul Delfabbro**  
(University of Adelaide, AUSTRALIA)  
Emerging digital technologies and young people: Understanding the risks and benefits of the increasing intersections between gaming, gambling and speculative investments

**Professor Dr Lara Farrell**  
(Griffith University, AUSTRALIA)  
Treatment of obsessive-compulsive disorder (OCD) in children and adolescents: Improving access to care and child outcomes

**Associate Professor Dr Victoria Leong Vik Ee**  
(Nanyang Technological University, SINGAPORE)  
Neural sociometrics: Parent-infant neural social dynamics in early mental health and learning

**Dr Umar Toseeb**  
(University of York, UK)  
Genetic and environmental influences on mental health difficulties in young people with developmental language disorder

**Ms Anja Busse**  
(United Nations Office on Drugs and Crime, AUSTRIA)  
Drug use disorders and related problems among young people

**Professor Dr Toh Teck Hock**  
(SEGi University Sibu Clinical Campus & Sibu Hospital, MALAYSIA)  
Cross-cultural similarities and differences in reporting autistic symptoms in toddlers

**Dr Jennifer Allen**  
(University of Bath, UK)  
Antisocial behaviour and callous-unemotional traits in children and adolescents in the school setting

**Professor Dr Cecilia A. Essau**  
(University of Roehampton, UK)  
Mitigating negative mental health and educational impacts of COVID-19 preventative measures
WORKSHOPS

Professor Dr Bilge Uzun  
(Bahçeşehir Universitesi, TURKEY)  
Mindfulness in schools

Professor Dr Deborah Riby  
(Durham University, UK)  
Translating research to practice: The Triple-A intervention to support autistic and neurodivergent pupils at school

Dr Sharon Allan  
(University of Roehampton, UK)  
Risk assessment and management of young people who present a risk of serious harm

Ms Priscilla Ho  
(Creativity At Heart Penang, MALAYSIA)  
Using play and storytelling to promote children's mental health

Dr Sharon Allan  
(University of Roehampton, UK)  
Using Dialectical Behavioural Therapy skills in clinical setting

Professor Dr Caroline Donovan  
(Griffith University, AUSTRALIA)  
Treating sleep problems in children

Dr Sharon Allan  
(University of Roehampton, UK)  
Assessing attachment trauma and autism

Ms Priscilla Ho  
(Creativity At Heart Penang, MALAYSIA)  
Preventing anxiety and depression in young people using the Super Skills for Life programme

Associate Professor Dr Whye Lian Cheah  
(Universiti Malaysia Sarawak, MALAYSIA)  
Preventing overweight and obesity in children using the ToyBox Malaysia

Ennie Yong  
(GENIUS Kurnia, Ministry of Education, MALAYSIA)  
Supporting Autistic Children’s Communication with Augmentative and Alternative Communication (AAC)

SYMPOSIA

Professor Dr Kate Fitz-Gibbon  
(Monash University, AUSTRALIA)  
Children and young people’s experiences of domestic violence: Findings from two Australian studies

Dr Jennifer Sie Hee Kiing  
(National University of Singapore, SINGAPORE)  
Supporting resilience in children through understanding and promoting the parenting - child relationship

Dr Nadzirah Ahmad Basri  
(International Islamic University Malaysia, MALAYSIA)  
Well-being matters: The dynamics of mental health and well-being in young people

Dr Fatanah Ramlee  
(Universiti Pendidikan Sultan Idris, MALAYSIA)  
Sleep, physical activities and food intake in the young

Dr Blossom Fernandes  
(London School of Hygiene and Tropical Medicine, UK)  
Adolescent mental health, self-esteem and coping during the COVID-19 pandemic

Nor Firdous Binti Mohamed  
(Universiti Pendidikan Sultan Idris, MALAYSIA)  
What and why these happen to our kids? Understanding emotional, behavioral and psychiatric disorders in kids and adolescents

Professor Dr Sonja March  
(University of Southern Queensland, AUSTRALIA)  
Addressing childhood mental health from all angles: Prevention, detection, support and intervention across education, community and clinical contexts

Associate Professor Dr Noor Azimah Muhammad  
(Universiti Kebangsaan Malaysia, MALAYSIA)  
Obesity in adolescents – Malaysians’ perspective

Assistant Professor Bernice Vania L. Mamauag  
(University of the Philippines Visayas, PHILIPPINES)  
The Masayang Pamilya Program: Evidence-based parenting support intervention for Filipino families

Dr Abdul Rahman Ahmad Badayai  
(Universiti Kebangsaan Malaysia, MALAYSIA)  
Integrating virtual reality in mental health

Dr Kartini Ilias  
(Universiti Teknologi MARA, Cawangan Selangor Kampus Puncak Alam, MALAYSIA)  
Parents as resources for kids to stay well

Dr Patricia Simon  
(De La Salle University, PHILIPPINES & The University of Hong Kong, HONG KONG)  
Hope, resilience and growth of young people and their families in the face of adversities
EXPERIENCE-SHARING LECTURE
Beatrice Leong (Founder, Autism Inclusiveness Direct Action Group)
Reframing What We Think We Know about Autism Through My Lived Experience

OPEN PAPERS
Open papers will cover a wide range of topics related to the broad domains of children, adolescents, young adults and families.

Mental Health Problems in Children, Adolescents and Young People
- Anxiety Disorders
- Depression
- Attention Deficit Hyperactivity Disorder
- Conduct and Oppositional Defiant Disorder
- Autism Spectrum Disorders
- Specific Learning Disorder
- Intellectual Disability
- Trauma- and Stressor-Related Disorders
- Obsessive-Compulsive Disorder
- Somatic Symptom and Related Disorders
- Gambling Disorder
- Substance Use Disorders
- Sleep Disorders

Education and School-related Issues
- Early Literacy Development
- Gifted Education and Creativity Development
- Special Needs Education
- Inclusive Education
- Strategies to Combat Academic Underachievement
- Strategies to Help Schools to Become Effective Learning Environments
- Parent Training for Caregivers With Special Needs Children
- Guidance and Counselling
- Bullying in Schools

Developmental and Family-related Issues
- Social, Emotional and Personality Development
- Technology and Social Media
- Child Abuse and Neglect
- Child Protection
- Parenting and Parent-child Relationships
- Children of Parents with Mental Disorders
- Domestic violence
- Adoption, Extra-Familiar Care
- Strategies to promote effective practice in parenting

Prevention and Intervention of Mental Health Problems
- Cognitive Behavioural Therapy
- Family Therapy
- Counselling
- Psychotherapy
- Dialectical Behavior Therapy
- Interpersonal Therapy
- Play and Arts Therapy
- Drama Therapy
- Mindfulness-based Therapies
- Emotion-Focused Therapy
- Sensory integration therapy
- Psychopharmacology
- e-Health Interventions

Health-related Problems among Young People
- Nutrition and Physical Activity
- Chronic Illness
- Self-Harm Behaviour/Suicidality
- Teenage Pregnancy
- Physical and Sexual Assault
- Youth Homelessness

Biology and Neuroscience
- Brain and Behaviour
- Genetic and Epigenetics
- Psychobiology
- Executive Functioning

Cross-cultural Research
- Culture and Mental health
- Indigenous healing systems
- Mental Health Literacy
- Migration and Refugees
- Mental Health Services Provision

General Issues
- Psychiatric Classification and Assessment
- Crime and Delinquency
- Psychopathic Traits
- Role of the Legal System in Youth Mental Health
## CONFERENCE REGISTRATION FEES

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For **RESIDENT OF SARAWAK**
*(Copy of MyKad must be sent to Prof Cecilia Essau: c.essau@roehampton.ac.uk)*

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Please use this link for paying your registration fees:
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** Group registration discount is available for 10 or more participants. Please contact c.essau@roehampton.ac.uk for details **

Conference website: [https://www.youth-health-conference.com/](https://www.youth-health-conference.com/)
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**Linkedin group:** 15th International Conference on Child and Adolescent Psychopathology (ICCAP2023)
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