

Adriana Giotta

International Psychological Services

In association with

Dr Robert N Brockman
Schema Therapy Training Australia

Present

When CBT Fails: Schema Therapy for Chronic Axis I Disorders

Thursday 24 November 2016

Venue: Fort Canning Lodge, Singapore, 179494 (Venue TBC)



Course Presenter: Dr Robert Brockman is a Lecturer and Psychology Clinic Supervisor on the Clinical Psychology Masters program at the University of Technology - Sydney (UTS). He has extensive clinical experience in both the public and private sector and is accredited by the International Society for Schema Therapy (ISST) as a schema therapist, supervisor, and trainer. Robert has a major clinical and research interest in formulation and intervention with complex presentations that prove difficult to treat via standard evidence-based protocols. He is currently engaged in clinical research focusing on extending the schema model into novel populations (e.g. GAD, Eating Disorders, HIV Sufferers, Problem Gamblers, and Forensic Patients).

Workshop cost: S\$ 450.00

Early bird price of S\$ 400.00 applies if paid by 15 November 2016.

Focus of the course: Whilst CBT enjoys strong empirical support across a large range of psychopathology, a significant proportion of patients show poor treatment response. In many cases, this poor response can be argued to occur due to patient characteristics/traits which make them poor candidates for standard CBT protocols. Recent research has confirmed the status of Schema therapy as an evidence based treatment for a personality disorders using 'extended schema mode conceptualisations'. Robert will provide a brief outline of recent advances in formulation in Schema Therapy of chronic axis 1 problems (e.g. Eating Disorders, GAD, Depression), before demonstrating how within-session mode management strategies can be used to overcome common treatment roadblocks to evidence based therapy, including detaching, over-analysing and extreme avoidance.

We expect this workshop to reach full capacity so please book early to avoid disappointment.

Please note that bookings are confirmed only when payment is received. For program outlines, presenter profile and registration details, please click on the following link: <https://www.eventbrite.sg/e/when-cbt-fails-tickets-26925266196>