

Certificate in

Managing Depression & Suicidal Behavior (Class 6)

(For Caring Professionals)

Dr. Chiu Siu Ning (Specialist in Psychiatry)

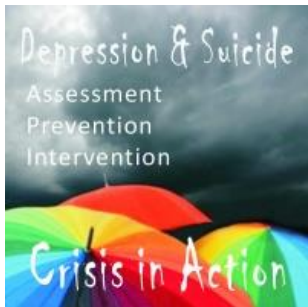
專業認可學分 **Accreditation**

護士 **Nurse : CNE**

社工 **Social Worker : CPD**

職業治療師 **OT: CPD**

Mental Health Series for Caring Professionals



Introduction

Depression is on the rise in Hong Kong. The rise comes as a result of a number of factors such as the increase in stress faced by people in the community and the increase in awareness of the problems. Suicide is considered a possible complication of depressive illness in combination with other risk factors because suicidal thoughts and behavior can be symptoms of moderate to severe depression.

In many cases, suicide can be prevented. In view of the rapid increase of developing community services in the psychiatric and social arena, it is deemed necessary for workers to be equipped with effective crisis-handling skills.

Course Objective

This course is mainly for the helping professions whoever wishes to enhance their knowledge and skills in managing service user with depressive illness and suicidal behavior which covering assessment, intervention and prevention and psychiatric crisis management in the clinical work.

Course Content

- Understand Depression, its Prevalence & Clinical Features
- Understand the relationship between Depression and Suicidal behavior
- Risk Assessment & Management of Suicide in Psychiatric Emergencies
- Effective Strategies and Skills for Crisis Intervention
- Negotiation skills in Crisis Handling

Trainees' Feedback

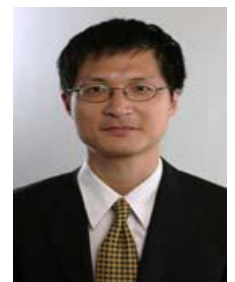
- I had attended many similar clinical workshop on Depression & Suicide. This is the best and state-of-art presentation. Thanks Dr Chiu for the comprehensive, in depth knowledge presentation with engaging and interesting story.
Dr Paul Chan, Medical Consultant
- 讓我更認識抑鬱症及其診斷方法，提高對企圖自殺者的敏銳觀察度，在工作崗位上更能提升自己有關方面的認識，及早介入。
Louise, Social Worker

Trainer

Dr. Chiu Siu Ning (趙少寧醫生) Specialist in Psychiatry
MBChB (CUHK), MRCPsych(UK), FHKCPsych, FHKAM (PSYCHIATRY)

After graduating from the medical school of the Chinese University of Hong Kong, Dr. Chiu began his public psychiatric service. He obtained his psychiatric professional qualification in UK in 1994.

Before start his private practicing in May 2007, he had been the Senior Medical Officer of Kwai Chung Hospital for more than 14 years



香港專業培訓學會
Hong Kong Society of Professional Training

202-204A, Two Harbourfront, Tak Fung St.,
Hung Hom, Kowloon, Hong Kong
ask@hkspt.org www.hkspt.org
Tel: 3111 0264 Fax: 2125 7900

Course Details

- Date: / Time :** 23/9/2016 (Fri.) 9:30am – 5:30pm (7 Hours)
Venue : Christian Family Service Centre, Rm 201, 3 Tsui Ping Road, Kwun Tong.
Course Fee : HK\$1,080-
Special Offer : HK\$1,030- Enroll the course 1 month or more prior to the event
Group Discount : HK\$980- /each for group of 3 or more
Language : Cantonese supplement with English (Teaching materials are mainly in English)
Course Mode : Lecture, group discussion, role play & case sharing
Target : Social workers, counselors, psychologists, health-care professionals, teachers, police officer and judicial personnel, as well as allied professionals.
Certificate: Certificate of Attendance issued by Hong Kong Society of Professional Training
Accreditation: Nurse : 7 CNE , Social Worker : 7 CPD , OT (CPD): To be confirmed

Details : www.mds.hkspt.org
For enquiry: Tel 852-31110264

Registration Form

Student No: _____

Course: Certificate in Managing Depression & Suicidal Behavior (23/9/2016 Friday)

Course Fee	Early Bird (Enroll the course 1 month prior to the event)	*Group Discount (For group of 3 or more)
<input type="checkbox"/> HK\$1,080-	<input type="checkbox"/> HK\$1,030-	<input type="checkbox"/> HK\$980- /each

* For group discount registration, please submit your forms together.

Name (English) : _____ (Mr / Ms) 姓名 (中文): _____

(Printed name in your certificate, please write in block letter, thank you.)

Education Level: Primary Secondary Tertiary or above

Working Organization: _____ Position: _____

#Email: _____ Tel: _____ Mobile: _____

I agree I disagree to receive regular HKSPT'S course information by email.

My email is already in your list and I have been regularly receiving HKSPT's course information.

Payment by Cheque:

Please made crossed cheque payable to “**Hong Kong Society of Professional Training**”

Cheque No: _____ Name of Bank: _____

Please send completed registration form and cheque to: **Hong Kong Society of Professional Training**,
Rm. 202-204A, Two Harbourfront, Tak Fung St., Hung Hom, Kowloon, Hong Kong.

Payment by Bank-in:

Please bank in the course fee to our bank account with “Bank of China (HK) Ltd” 中銀香港

A/C No: **012-890-1-038-682-9**. Please send the completed registration form and bank in slip to

Hong Kong Society of Professional Training either by email (PDF) to ask@hkspt.org or

by fax: **852-21257900**.

We will confirm through email within 1 week, please contact us if you did not receive any confirmation.

Receipt Name of the course fee: _____ (please write in block letter)

Signed by Applicant: _____ Date: _____

Important Notes:

#1. The course confirmation will be sent to participants via email at least 2 weeks before the course, please contact us if you do not receive any notification. 2. Once a registration is completed, it will be processed and cannot be refunded for any reasons. All requests for any change of registration must be given in writing. An administration fee of HK\$200- will be charged for any processing request. 3. Official receipt will be issued on the first day of the course. Re-issue of official receipt will be charged HK\$50- 4. The personal data provided on this form will only be used for processing of registration.