



A Course on the Fundamentals of Addiction Management

Date: 27 February - 1 March 2015

Duration: 8.00 a.m - 4.00 p.m

Venue: Shangri-La's Tanjung Aru Resort & Spa, Kota Kinabalu, Sabah, Malaysia



Topics covered:

- Overview of Addictions & Psychopharmacology of Drugs
- Models of Addiction
- Alcohol Abuse & Alcoholism
- Screening Intake & Orientation
- Assessment & Treatment Planning
- Counselling I - Individual Treatment & Group Work
- Counselling II - Family Counselling and Co-dependency
- Counselling III - Crisis Intervention, Relapse Dynamics
- Case Management, Records Keeping & Referrals
- Professional Responsibilities & Ethics

Overview of Addictions and Psychopharmacology of Drugs

The classification of common drugs of abuse and their effects will be discussed, including signs and symptoms of abuse, detoxification and recovery.

Models of Addiction

Discussion of the different models of addiction, including the moral, medical, disease, social learning, and psychological models. Introduction to the 12 Step Model of Addiction and Recovery. Introduction to spirituality as part of treatment and recovery. Participants will learn to examine their own biases in relating to addicted persons.

Alcohol Abuse and Alcoholism

This module will discuss how alcohol works on the body, long-term abuse and consequences, detoxification and recovery. Screening, Intake and Orientation Participants will learn how to interview new clients and their families, and facilitate their entry into treatment.

Assessment and Treatment Planning

A discussion of how to develop a complete picture of a client's drug abuse, and its relationship to important areas in his life. This is vital in helping to develop a realistic recovery plan.

Counselling I: Individual Treatment and Group Work

Counselling II: Family Counselling and Co-dependency

The focus will be on family intervention and working with co-dependency.

Counselling III: Crisis Intervention, Relapse

Dynamics, The Recovery Process Topics will include techniques in deescalating a crisis situation, assessing the potential for violence and self-harm, relapse dynamics, and further discussion on the use of 12 Step and RSG Programmes.

Case Management, Records Keeping and Referrals

Case management in a team environment will be discussed, including documentation of the client's progress, and referral to appropriate professionals.

Professional Responsibilities and Ethics

The issues of ethics and boundaries of ethical practice will be discussed.

Trainers:



Dr Prem Kumar Shanmugam is CEO and Clinical Director of Solace Addiction Retreat in Sabah, Malaysia.

Prem is one of the founding members and the Regional Director of the Asia Pacific Certification Board (APCB).

APCB is actively involved in certifying addiction counsellors/therapists around the Asia Pacific Region.

He also acts as the President of the Psychotherapy and Counselling Association of Singapore, while being one of the founding members as well.

Click [here](#) to know more



A/Prof Munidasa Winslow, is currently the Executive Director and Consultant Psychiatrist of Promises Healthcare Group.

His expertise in the areas of addiction and impulse control disorders in the Asia Pacific region has rendered him a sought-after speaker at international Addiction Conferences.

Click [here](#) to know more



Marjorie Nixon co-founded the first private freestanding outpatient clinic to treat addictive diseases in the State of Wisconsin, USA in the late 70's.

She is known throughout Singapore for her work in addictions and has done extensive work since 1998 providing training in sex addiction, substance abuse & gambling.

Click [here](#) to know more



Dr Sivakumar Thuraijasingam is currently a Lecturer at Monash University, Malaysia

He is also a Consultant Psychiatrist at the Psychiatry Department, Sultanah Aminah General Hospital in Johor Bahru.

Click [here](#) to know more

Fees:

*RM 2,500 for 10 modules (Price is subject to 6 % GST)

Certified Substance Abuse Therapist (CSAT)

**USD\$150

**To those who meet entry requirements and qualify for the CSAT certification exam

Note: Fees do not include accommodation

Discount:

Early Bird 10 % for those who register and pay before **15 January 2015**

Group 10% for 2 to 4 people who sign up together ,20% for 5 people and above!

Payment Method: