
Broken Bonds - Healing the Wounds of Infidelity

Presented by Prof. Liu Ting

26 June 2015 (Friday)



What is Infidelity?

Infidelity or affairs typically involves the betrayal of a partner such as that in a marriage or committed relationship. The nature of affairs can be sexual or emotional or both. It constitutes a breach of trust. Accordingly to Emily Brown (1999), she said:

Affairs are powerful and primal. Any betrayal raises questions about trust and the values we live by, but sexual betrayals strike deep emotional chords having to do with love and abandonment.....Because the emotions used by an affairs are so primal, it is difficult to really understand what affairs means.

Emotionally Focused Couples Therapy

Emotionally Focused Couples Therapy (EFCT) is a structured approach to couple therapy formulated in the early 80's by Drs. Susan Johnson and Leslie Greenberg. It offers a comprehensive theory of adult love and attachment, as well as a process for healing distressed relationships. This experiential/systemic therapy focuses on helping partners restructure the emotional responses that maintain their negative interaction patterns.

About this Workshop

This is a one-day workshop for practitioners who have some understanding of attachment and family systems frameworks. Participants will gain insights into helping clients who are threaten by the crisis of infidelity from an EFCT perspective. An overview of attachment theory and the basics of EFCT will be presented to set the frame for understanding the impact of infidelity on a relationship. Through lecture, case presentation, and video excerpts participants will learn interventions and treatment strategies to defuse the crisis of infidelity, help the injured partner heal and help the betraying partner take responsibility for their actions. Participants will also learn ways to help the couple re-establish a secure bond as part of the healing process.

Workshop Objectives

- ❖ Participants will understand the Impact of infidelity within an attachment frame
- ❖ Participants will learn how to use emotion as a mechanism of change
- ❖ Participants will understand how to use internal working models in couples therapy to heal the hurt and feelings of insecurity resulting from the infidelity
- ❖ Participants will learn the steps and stages for couples dealing with infidelity

Workshop Presenter - Prof. Liu Ting



Liu Ting, Ph.D., is an Assistant Professor at Drexel University. She is a faculty in the graduate programmes in Couple and Family Therapy. Dr. Liu completed her doctorate at Purdue University, USA, and she did Child Development and Family Studies with a specialisation in Marriage and Family Therapy. She is a Pennsylvania licensed Marriage and Family Therapist and an Approved Supervisor with the American Association of Marriage & Family Therapy. Dr. Liu specialises in multi-cultural applications of EFT, infidelity issues, mood disorders, and Emotionally Focused

Family Therapy with adolescents. She is also a certified EFT trainer and supervisor. She provides training and supervision in the EFT model of couples and family therapy internationally, in particular Asia.

When & Where?

- 26 June 2015
- 9.30 am to 5 pm
- Venue : NTU Centre for Executive Education @One North
- http://www3.ntu.edu.sg/cce/contact_us/locate_us.htm

Fees

- \$180 for registration received on or **before 15 June 2015**
- \$200 for registration received on or **after 16 June 2015**
- The number of participants is limited
- Payment is needed to confirm your registration

Registration

- <https://www.gevme.com/broken-bonds-healing-the-wounds-of-infidelity>

VCF

- Please enquire for VCF funding

Enquires

- Email: hello@CaperSpring.com
- Mobile: 8141-8002