

## LUNCH TALK



# “ADDICTION & THE OLDER ADULT”

## You're Never Too Old... To Get into Trouble

### About the workshop.

With our aging population, addiction among the older adult is becoming a growing concern. The helping profession needs to be able to understand the stressors contributing to addiction among our seniors, as well as the treatment uniquely applicable to this group of clientele.

This workshop aims to sensitise helping professionals to the reality and issues of addiction among the older adult. It will show participants how and why the older adult are prone to addictions of all sorts, and the interventions and treatments that have been proven effective.

### Who should attend?

This workshop is meant for professionals, counsellors, lay counsellors, social workers and anyone who is interested in understanding addiction among the older adult.

### Date & Time

Wednesday, 18 March, 2015 : 12pm—2pm

### Venue:

WE CARE Community Services  
Kembangan-Chai Chee Community Hub  
11 Jalan Ubi, Block 5, #01-41  
Singapore 409074

**Fee:** \$10 per person

**As places are limited please send in your registration early to avoid disappointment.**

**Contact us at:** ☎ 65475459  
✉ [admin@wecare.org.sg](mailto:admin@wecare.org.sg)

## About the speaker



Marjorie Nixon

Marjorie Nixon is known throughout Singapore for her work in addictions and has done extensive work since 1998 providing training in sex addiction, substance abuse and gambling.

Ms Nixon co-founded the first private freestanding outpatient clinic to treat addictive diseases in the State of Wisconsin in the late seventies. Those in her field consider her a pioneer in working with addictive disorders on an outpatient basis. She is particularly known for her outstanding contributions in the treatment of women. She has strong expertise in addressing issues confronting those engaged in the recovery process once the initial phase of treatment and aftercare has been completed. In addition, she has significant experience in both cross cultural and minority issues.

WE CARE Community Services is a centre for addiction, recovery and education. We are the only non-denominational community facility in Singapore that provides support and treatment programmes for all forms of addiction including drugs, alcohol, gambling, sex, compulsive eating, shopping and shoplifting. Our centre provides counselling, preventive education, crisis intervention and support and support groups for people struggling with addictions, as well as for family members who have difficulty coping. Aside from counselling services, WE CARE is also one of the leading centres in Singapore that provides awareness services and education on the risk and prevention of addictive behaviours.