

WORKSHOP



ON THE ROAD TO RECOVERY “A STEP AT A TIME”

Understanding A 12-Step Program

About the workshop.

This workshop will take you through the 12 Steps and introduce you to a few people who achieved recovery and will share their personal stories. We will also have a mock 12 Steps meeting of local recovering people who are willing to share their stories of recovery, which will demonstrate how the program is put into action.

Who should attend?

This workshop is meant for professionals, counsellors, lay counsellors, social workers and anyone who is interested in supporting addiction recovery.

Date & Time

Monday, 23 March, 2015: 2pm—6pm

Venue:

WE CARE Community Services
Kembangan-Chai Chee Community Hub
11 Jalan Ubi, Block 5, #01-41
Singapore 409074

Fee: \$30 per person

The participation fee for the workshop is specially priced at a very affordable \$30 per person to encourage VWOs and fellow-service partners to send their staff to attend the workshop.

As places are limited please send in your registration early to avoid disappointment.

Contact us at: ☎ 65475459

✉ admin@wecare.org.sg

About the speaker



Marjorie Nixon

Marjorie Nixon is known throughout Singapore for her work in addictions and has done extensive work since 1998 providing training in sex addiction, substance abuse and gambling.

Ms Nixon co-founded the first private freestanding outpatient clinic to treat addictive diseases in the State of Wisconsin in the late seventies. Those in her field consider her a pioneer in working with addictive disorders on an outpatient basis. She is particularly known for her outstanding contributions in the treatment of women. She has strong expertise in addressing issues confronting those engaged in the recovery process once the initial phase of treatment and aftercare has been completed. In addition, she has significant experience in both cross cultural and minority issues.

WE CARE Community Services is a centre for addiction, recovery and education. We are the only non-denominational community facility in Singapore that provides support and treatment programmes for all forms of addiction including drugs, alcohol, gambling, sex, compulsive eating, shopping and shoplifting. Our centre provides counselling, preventive education, crisis intervention and support and support groups for people struggling with addictions, as well as for family members who have difficulty coping. Aside from counselling services, WE CARE is also one of the leading centres in Singapore that provides awareness services and education on the risk and prevention of addictive behaviours.