Organized by The Boys’ and Girls’ Clubs Association of Hong Kong

Impact of Trauma and ARC Training

The training workshops focus on the Impact of Trauma, the application of the Attachment, Self-Regulation, and Competency (ARC) intervention framework across regional systems for trauma-informed treatment, please see below for details:

Presenter
Joseph Spinazzola, Ph.D.

Dr. Spinazzola is the Executive Director of the Trauma Center (http://www.traumacenter.org/index.php) and Vice President of Behavioral Health and Trauma Services at Justice Resource Institute. Dr. Spinazzola is a member of The Forensic Panel and holds an appointment at Boston University School of Medicine. In his 14th year with the Trauma Center, Dr. Spinazzola remains actively involved with provision of direct services to individuals and providers, serving as a clinician, clinical supervisor, senior trainer, and as Associate Director of our Research Department. Dr. Spinazzola is Co-Director of the Complex Trauma Treatment Network, a national initiative to transform large regional and statewide systems of care, operated through our Center's Category II National Child Traumatic Stress Network site award. Dr. Spinazzola specializes in the assessment, diagnosis, prevention and treatment of complex trauma in children and adults, and is the author of a number of publications in this area as well as on the topic of youth violence prevention. Dr. Spinazzola holds particular interest in dissociative coping adaptations in survivors of chronic maltreatment and neglect and in the role of transformative action in the recovery process.

Elizabeth Warner, Psy.D.

Dr. Warner has had a psychotherapy practice in Brookline for the last 20 years. Her specialization is in the area of child development, and the treatment of children and families. Special interests include adoption and adoptive families, the special nature of that attachment and implications for development, and the development of new treatments for complex trauma in young children. She spent 15 years working with severely disordered children including traumatized children and their parents, using innovative methodologies and the use of videotape study at the Language & Cognitive Development Center. In addition, she has worked in psychiatric inpatient and outpatient settings at Boston University Medical Center, schools and mental health clinics, providing therapy, teaching and consultation.

Training Contents

Day 1: Impact of Trauma (18 Feb 2013)

A one-day training will be provided on the assessment and treatment of complex trauma. This workshop will include the neurobiology of trauma, developmental impact, and diagnosis.

Quota: 80
Day 2 – 3: ARC Training (19 – 20 Feb 2013)

The Attachment, Self-Regulation, and Competency (ARC) (Kinniburgh & Blaustein, 2005; Blaustein & Kinniburgh, 2010) framework is a core-components treatment model, developed to provide a guiding framework for thoughtful clinical intervention with complexly traumatized youth and their caregiving systems. Drawing from the fields of trauma, attachment, and child development, the framework recognizes the importance of working with the child-in-context, of acknowledging the role of historical experiences and adaptive responses in current presentation, and of intervening with the surrounding environment -- whether primary caregivers or treatment system -- to support and facilitate the child's healthy growth and development. Rather than identify step-by-step intervention strategies, the framework identifies 10 key "building blocks", or intervention targets, key skills/goals within each domain, developmental and cultural considerations, and potential applications across settings.

This training will incorporate psychoeducation regarding complex trauma, and active discussion of ways to implement concepts across regional systems, along with preliminary action planning.

Quota: 50

Target Participants
Professionals working in various children and adolescents focused settings such as shelters, counseling agencies, youth and child-care organizations, child protection service providers, and hospitals. It will be of particular interest to those working with children experiencing trauma. Degree education and working experience in children and youth are preferred.

Date: 18 – 20 Feb 2013
Time: 9:00am – 5:00pm
Venue: Room 502, The Boys’ & Girls’ Clubs Association, 3 Lockhart Road, Wan Chai, Hong Kong

Teaching language
English

Fee

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<tr>
<td>Day 1: Impact of Trauma</td>
<td>18 Feb 2013</td>
<td>$1500</td>
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<tr>
<td>Day 2 - 3: ARC Training</td>
<td>19 – 20 Feb 2013</td>
<td>$3000</td>
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Enrollment Procedure
- Complete the attached enrollment form
- Enclose a crossed cheque payable to “The Boys’ & Girls’ Clubs Association of Hong Kong” with the appropriate course fee
- Send the completed form and cheque to:
  Ms Pang
  Professional Training & Development Center,
  9/F, The Boys’ & Girls’ Clubs Association of Hong Kong, 3 Lockhart Road, Wan Chai, Hong Kong

Application Deadline
6 Feb 2013

Enquiries
Ms. Pang
Tel: 2527 9121 (ext.293)
Email: jade.hm.pang@bgca.org.hk
**Impact of Trauma and ARC Training**

**Enrollment Form**

*Please complete this form in BLOCK LETTERS*

*Please delete whichever inappropriate*

**Applicant’s Information:**

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<td>Highest Achieved Education Level (Please select one only.):</td>
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| Correspondence Address: |  |

**Course Selection:**

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(The cheque has to be crossed and made payable to the “The Boys’ and Girls’ Clubs Association of Hong Kong”)

**Receipts’ Address to:**

☐ School
☐ Agency
☐ Applicant

**Other:**

______________________________

**Declaration:**

☐ I declare that all information given in this application form and the attached documents (if any) are, to the best of my knowledge, accurate and complete.

☐ I have read and accepted all the terms and conditions of the “Important Notes” in this enrollment form.

**Applicant’s Signature:**

______________________________  

**Date:**

______________________________

**Important Notes**

1. Acceptance notice will be sent via e-mail prior 1 week of the course commencement.
2. Receipt and certificate of attendance will be issued after the participants have finished the course. Please keep the receipt and no re-issue will be made.
3. BGCA will videotape the whole course. The participant is prohibited to do so.
4. Please be punctual. Late attendance or absent from course will be deducted the accredited hours. Late more than 30 minutes will be counted as late 1 hour. The certificate only shows the actual attendance hours.
5. No make-up class will be offered.
6. Withdrawal before 30 days of the course, the participant will be charged $500 for administration fee. Withdrawal before 16 - 30 days of the course, the participant will be charged 30% of the course fee. Withdrawal before 1 – 15 days of the course, the participant will be charged 50% of the course fee.
7. BGCA reserves the right to cancel this course in the event of unforeseen circumstances. In such occurs, BGCA will attempt to notify registrants at least 10 calendar days prior to the course and refund all registration fees. In all instances, the liability of BGCA is limited to refunding registration fees.
8. Should a typhoon signal No.8 or Black Rainstorm be hoisted within 3 hours, the course will be cancelled. Reschedule of the course will be made on the designated date. Where the typhoon signal No. 8 or Black Rainstorm is lowered, the course will commence 2 hours after the discontinuation.